# StandX – Manual

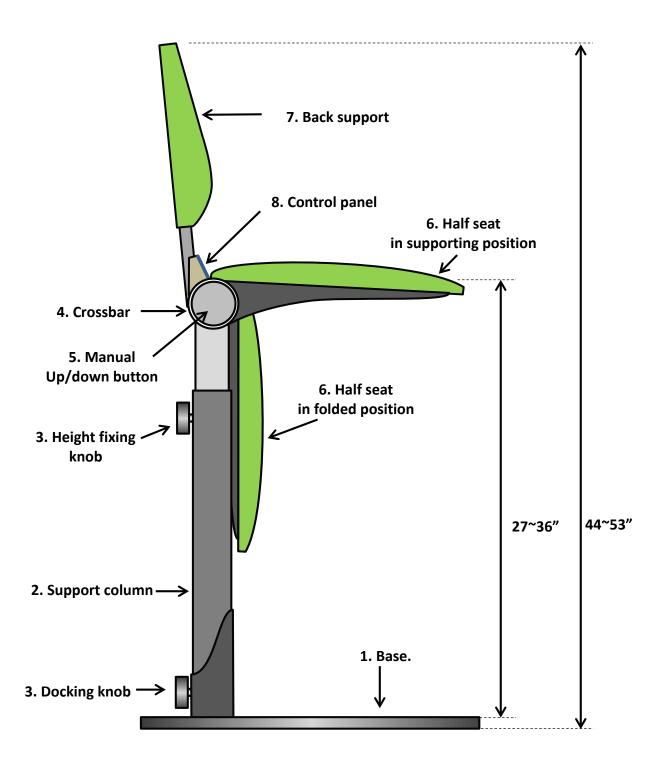
## Warnings

- 1. Do not exceed the weight limit of 250LB (113 Kg).
- 2. Do not operate StandX without a standing desk and foot stool.
- 3. Do not operate StandX wearing skirts or other loose clothing/objects, which may get

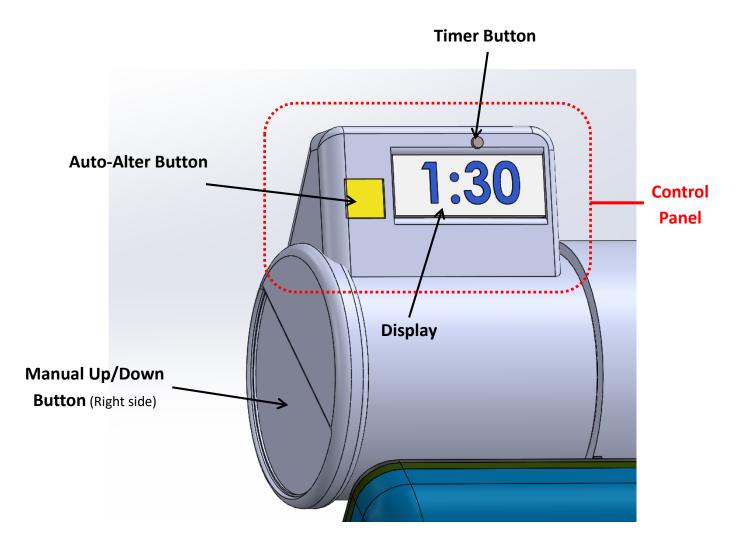
in the way of the seats.

- 4. Do not operate StandX under influence (e.g. medication or alcohol).
- 5. StandX is not recommended for people who
  - 1. have problems with balance
  - 2. cannot make the movements required during the alternation of half seats.
  - 3. experience pain when lifting the leg to a near right angle to a sit-stand position
- 6. Do not sit on a half seat that is not fully risen (need to hear 3 locking clicks).
- 7. When liquid is spilled on any part of StandX, first unplug the power supply and wipe the liquid thoroughly, and let StandX dry before use.

# **Parts**



## **User Interface**



#### **User Interface:**

- (1) Manual Up/Down Buttons (one on each side of crossbar):
  - Pressing the "Manual Up/Down Button" switches the position of the half seat of the pressed side. (example: pressing the left side "Seat Up/Down Button" brings the folded left half seat to the supporting position.)
- (2) Auto-Alter Button: Starts or stops the alternation process.
- (3) Timer Button: Pressing the "Timer Button" button changes the alternation interval: the displayed number will change (rotates: 10 sec → 20 sec... 10 min → 10 sec). Timer Button + Auto-Alter button will decrease the time.

# Operation **Timer Button Auto-Alter Button** Manual Up/Down Button (right side) **Height Fixing Knob**

## • Height Adjustment:

- 1. Before you operate StandX make sure that the height of the chair matches your leg height. To Adjust the height of StandX: first loosen the knob at the back of the column; adjust the height, and fasten the knob tightly back.
- 2. To find your seat height, sit on StandX with one side while standing with the other leg. It should be like standing straight up with two legs: one being yours, the other being the half seat. The torso should not lean toward one side.
- Manual instruction of Lift/Fold:
  - 1. There is a "Manual up/down" button on each side of the chair. You can push it to manually instruct the half seat to rise or fold.

- 2. When the half seat rises, do not block its movement. It will not lift your leg, so you need to lift your own leg and the cheek of the bottom. You can sit on it only after the half seat rises and settles itself. The common mistake is the cheek of the bottom blocking the seat from fully rising. (You need to hear 3 locking clicks to make sure that the half seat is fully raised.)
- 3. When the seat folds, lift the cheek of the folding side of the seat; the seat needs to rise slightly to pull the lock. This also guarantees that the seat does not fall when the user remains sitting. As long as there is some weight on the seat it will not fold.

### • Automatic Alternation

- 1. There are two buttons on the control panel: (a) the Auto-Alter button (b) the Timer button
  - i. Pushing the Auto-Alter button starts and stops the automatic alternation.
  - ii. Pushing the Timer button will change the alternation time interval. (rotates:  $10 \sec \rightarrow 20 \sec ... 10 \min \rightarrow 10 \sec$ ).
  - iii. Timer Set Button + Auto-Alter Button combination will decrease the time.
  - iv. The recommended time interval is about 1~2 minutes (depends on age and physical strength).
- 2. When you press the Auto-Alter button to start the automatic sequence, the half seats will configure to be in a sit-and-stand state, if they are not in that state already. If there is a tie at the beginning, the LEFT one will move to break the tie for alternation. For example, when both half seats are down the left half seat will rise to initiate alternation; when both half seat are up it is also the left half seat that folds to initiate alternation. After this initial setting of configuration, the alternation countdown will start.
- 3. When the countdown hits 0, the folded seat will rise and then the other side will fold.
- 4. The best way to alternate is to rock your bottom: lift the rising side and then lift the folding side. It is helpful to use your hands to balance while switching sides.
- 5. You can stop this alternation mode by pressing the Auto-Alter button. Also, the alternation mode stops when you press the manual lift/fold button.

# Maintenance

- The moving parts of StandX are greased for life.
- There is no serviceable part by the user.
- Keep StandX dry and out of dust.
- When dirty, the leather upholstery can be cleaned with a towel with cleaner; wipe over the surface. Leather cleaner, saddle soap, or other mild leather soap are recommended. Remove soap residue with damp cloth afterward.
- When you need service please email <u>simon@robilis.com</u> or call Simon 240-447-8686